

EDITION 17 - DECEMBER 2025





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CONTEST FROM THE PR COMMITTEE:

SOMEWHERE IN THIS EDITION IS A
HIDDEN SMILEY FACE...

FIND THE SMILEY FACE AND E-MAIL
ERYAN@NTANU.CA AND SAY
"I FOUND THE SMILEY ON PAGE _"
FOR A CHANCE TO WIN SOME NTA
SWAG!





CENTRAL COUNCIL

NORTH QIKIQTANI

ARCTIC BAY, GRISE FIORD, SANIRAJAK, IGLOOLIK, POND INLET, RESOLUTE BAY

PRESIDENT:

BAILEY WALDER - IGLOOLIK VICE-PRESIDENT:

LENA ENOOAGAK - POND INLET INUIT MEMBER AT LARGE:

NATASHA SIMONEE - POND INLET

NORTH KIVALLIQ

BAKER LAKE, CHESTERFIELD INLET, CORAL HARBOUR, NAUJAAT

PRESIDENT:

JACQUES THERIAULT - CHESTERFIELD INLET VICE-PRESIDENT:

JANE OLIVER - BAKER LAKE INUIT MEMBER AT LARGE:

JEANNIE TAPATAI - BAKER LAKE

CENTRAL QIKIQTANI:

IQALUIT, APEX

PRESIDENT: JENNIE DAWSON -IQALUIT

VICE-PRESIDENT: SHAUNA BEATON -IQALUIT

INUIT MEMBER AT LARGE: RITA KISA -

IOALUIT

RCTIC OCEAN

Baffin Bay

Devon L

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<u>KITIKMEOT:</u> CAMBRIDGE BAY, GJOA HAVEN, KUGAARUK, KUGLUKTUK, TAYLOYOAK

PRESIDENT:

SUSIE HILLIER -GJOA HAVEN VICE-PRESIDENT:

ABHIMANYU ABHIMANYU -KUGLUKTUK

INUIT MEMBER AT LARGE:

ELLEN ITTUNGA - GJOA HAVEN

SECRETARY-TREASURER:

BEN SAJO - GJOA HAVEN

SOUTH QIKIQTANI KINNGAIT, CLYDE RIVER, KIMMIRUT,

KINNGAIT, CLYDE RIVER, KIMMIRUT, PANGNIRTUNG, QIKIQTARJUAK, SANIKILUAQ

PRESIDENT:

JOHN STEWART - KINNGAIT VICE-PRESIDENT: BRODY MCCASKILL INUIT MEMBER AT LARGE: CHARLOTTE CROW SOUTH KIVALLIQ
ARVIAT, RANKIN INLET, WHALE COVE

PRESIDENT:

BAILEY GREENE - ARVIAT VICE-PRESIDENT:

PATRICIA PITSEOLAK (KABLUTSIAK) - ARVIAT INUIT MEMBER AT LARGE:

APRIL OLLIE - ARVIAT





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WELCOME NATASHA SIMONEE



The Nunavut Teachers' Association is excited to welcome Natasha Simonee as our new Inuit Member Support Coordinator!

Natasha will be available to provide Member representative services and supports in Inuktitut and English, beginning January 5th, 2026, and can be reached at nsimonee@ntanu.ca.

Learn a bit more about Natasha:

Natasha is from Pond Inlet where she previously taught at Nasivvik High School since 2019. Here she taught various subjects through grades 7 to 12 including: English, Inuktitut, Art, Social Studies, Aulajaaqtut and Career Guidance.

What Natasha would like to say to members:

"I am excited to begin my new role with NTA as Inuit Member Services Coordinator.

Having worked with the NTA as a CL, on the Inuit Educators Committee, Inuit Educators Conference Committee and as an elected Inuit member at large for North Qikiqtani. I am eager to continue serving fellow Inuit Educators at a new capacity."







PRESIDENT'S MESSAGE

Greetings NTA Members.

I hope that all of our NTA members had a great first half of the school year and that they are ready for a well deserved break. It is hard to believe that the Christmas break is already upon us. Heading into our break NTA members received their first ever continuous service bonus. While we have received contact from members that either did not receive their bonus or received the wrong amount, we believe that the vast majority of our membership that was entitled to receive a bonus got it. To any members that may feel they received an incorrect amount or no bonus at all that they thought they would receive, reach out to us right away so we can take a look.

With this season comes concert season. Not participating in concerts myself over the last few years, and being an elementary teacher at heart has been a mixture of relief and disappointment. Relief because I know how much work and stress goes into getting your class ready for Christmas concert and I could avoid that added stress. Disappointment because even with the stress it is a really fun and rewarding time of year with your students. Only having the opportunity to participate as a parent for the time being reminds me of just how much work and dedication you all put in after hours. I know I certainly appreciate all that my children's teachers have done for them this year, and I know that the parents in your communities feel the same as well. Your efforts that go beyond your job description are what really make a difference, and that effort should be acknowledged and praised. Well done to all of you and thank you.

Take the time you need this break to recharge and reenergize. Enjoy time with family and friends and to all of those travelling during the break be safe. I hope that 2025 was a successful year for all of you and that 2026 will be even better.

ਚਿਨ⊲ਮਾਨਾ ਚਿਨ⊲ਮਾਨਾ, MIALI KULAISIMAQAFFI, Merry Christmas, Joyeux Noël, Happy Holidays!

Justin Matchett





EXECUTIVE DIRECTOR'S MESSAGE

Executive Director's Winter 2025 Message

Our work at the NTA is based on three major documents that we reference daily when assisting members with concerns they bring to us; The Collective Agreement Between the NTA and GN, the P.D Policy Book, and NTA's Bylaw and Policy Book. While the collective agreement can only be changed periodically through contract negotiations and edits to the PD policy book are the purview of the Professional Development Council, the NTA's Bylaw and Policy Book is unique in that it may be changed annually, through direct motions by members.

The NTA Bylaw and Policy Book provides governance direction for the NTA, outlines procedures that must be followed by elected representatives and staff when conducting Association business, and policy statements that give direction to NTA leaders on important advocacy positions. Any member can submit an amendment to add, delete, or edit any bylaw or policy that they would like to see the NTA carry forward. Our governing body, Central Council, votes on any proposed bylaw and policy changes submitted by members each year at our Annual Meeting.

This school year, all members will be receiving a bylaw/policy callout on January 6th, 2026, with a deadline later in the month. Once we receive the submissions, the Legislative Committee will review them and publish each proposed amendment for all members to read in early February, before they are voted on at AMCC 2026 during the last weekend of March. I encourage all members to look at the Bylaw and Policy Book and offer amendments if you



would like to see changes to NTA's governance structure or policies. Also, when proposed amendments are published, please reach out to your regional executives to tell them about your position on the proposals before they vote on them at AMCC. All progressive changes the NTA has made to its elections, governance and policies in past years have all come from members proposing change, through bylaw amendments.

I want to close by wishing everyone a Merry Christmas, I hope you all have a relaxing break with family and friends!

John Fanjoy





UPCOMING DATES

23 JAN

BY-LAW AND POLICY RESOLUTIONS DUE

Resolutions can be submitted by e-mail to pmacneil@ntanu.ca

5 FEB

EDUCATION LEAVE APPLICATION DEADLINE

Applications due at February 5th at 11:59 PM EST.

16-20 FEB

PROFESSIONAL DEVELOPMENT WEEK

Notable events:

- 2026 Inuit Educators' Conference in Iqaluit See flyer in this edition.
- NTA-Connected North Virtual PD Conference online Schedules and signup information has already been sent out.

28 **MAR**

PD WEEK SUBSTANTIATIONS DUE

PD Week Substantiations are due on the NTA PD Database. https://pdis.ntanu.ca/

31 MAR

NATIONAL INDIGENOUS LANGUAGES DAY

National Indigenous Languages Day in Canada, a day to celebrate, revitalize, and raise awareness about the vital importance of First Nations, Métis, and Inuit languages for culture, identity, and knowledge.





TAKULIRIT CONTESTS!

TAKULIRIT "IQ" CONTEST

AS EDUCATORS WE ARE ALWAYS TRYING TO FIND NEW WAYS TO INCORPORATE INUIT QAUJIMAJATUQANGIT (IQ) INTO OUR SCHOOLS AND DAILY PRACTICE.

SHARE HOW YOU OR YOUR SCHOOL INCORPORATES IQ INTO YOUR SCHOOL COMMUNITY BEYOND THE CURRICULUM.

Share at Story, Video or Picture!

(submissions will be accepted in any form!)

TAKULIRIT TRIVIA CONTEST

- Who is the newly elected Premier of Nunavut?
- When are PD week substantiations due?
- What activity did you do for your PD week?

SUBMISSIONS FOR BOTH CONTESTS CAN BE SENT TO EDITOR@NTANU.CA

SUBMISSIONS WILL BE ACCEPTED UNTIL MARCH 10, 2026.





TAKULIRIT CONTEST WINNERS

TAKULIRIT TRIVIA WINNER:

GIFT CARD WINNER!

We have a winner!

Martha Pingushat

TAKULIRIT PHOTO CONTEST
WINNER:

GIFT CARD WINNER!

We have a winner!

Nancy Makpah

TAKULIRIT PD SPOTLIGHT WINNER:

NTA SWAG WINNER!

We have a winner!

Lisa Schellenberger

CONGRATULATIONS TO ALL WINNERS! AND THANK YOU TO THOSE WHO PARTICIPATED!

MEMBER BENEFITS

FLIGHT DISCOUNTS

As NTA members there are flight discounts you can use.



CALM AIR: Teach15



CANADIAN NORTH:

FNT23 NTA99 (effective Jan 1, 2026)





REMINDERS FROM THE PD COORDINATORS

PD Week Application Deadlines

- PD Week Applications were due November 30th. If you've not submitted, please do so ASAP!
- Members attending the Inuit Educators' Conference in Iqaluit for PD Week DO NOT have to submit a PD Week application. More information about session/workshop selection will be coming out soon.
- PD Week Substantiations are due March 28th, 2026.

Upcoming Events

- Education Leave Application Deadline (for both regular and multi-year NTEP education leave): February 5th, 11:59pm EST
- PD Week 2026 February 16th 20th, 2026
- 2026 Inuit Educators' Conference (Iqaluit): February 16th 20th, 2026
- 2026 NTA-Connected North Virtual PD Conference (online): February 16th-20th, 2026. Schedules and signup information were sent out to members in October







PD WEEK INUIT EDUCATORS' CONFERENCE





PD WEEK INUIT EDUCATORS' CONFERENCE





PD FUNDS HIGHLIGHT

LEARN ABOUT EXPERIENCES NTA MEMBERS ARE HAVING THANKS TO THE PD FUNDS!

Mohsin Khawaja

John Arnalukjuak High School, Arviat

Mohsin is currently using Inuktut Instruction PD funds.

What Mohsin had to say about their experience:

"I am doing this to gain an understanding of basic Inuktitut phrases that are useful in the classroom, and to learn the traditional skill of sewing mitts. Yes I would recommend this program, it is a good way to learn

about Inuit culture."







Kelly Page

Peter Pitseolak School, Kinngait

Kelly is currently using Credit and Non-Credit Course PD funds to pursue a part-time Masters in Counselling.

What Kelly had to say about their experience:

"I would recommend the program to anyone in the north who wants to pursue Counselling. The program allows you to follow either part-time or full-time program. It is twice the cost of a Masters program in the south, so without the subsidy of PD funding, it could be a financial strain. But educationally, it has been worth it. My first course is almost completed and the instruction was excellent. Assignments do have a strict Eastern time deadline though, so you have to be diligent with your time!"



Nancy Uluadluak-Gibbons

Qitiqliq Middle School, Arviat

Nancy is currently using Inuktitut Instruction funds.

What Nancy had to say about their experience:

"I have applied to facilitate a session on book study in Inuktitut. I would love to recommend this because there are many resources we can use and create using Inuktitut books that are already in place."



Lisa Schellenberger

Inuksuk High School, Iqaluit

Lisa used Credit and Non-Credit Course PD funds to complete her Masters of Arts in Environmental Practice at Royal Roads University.

What Lisa had to say about their experience:

"It is absolutely incredible that the NTA offers funds for educators to pursue our own professional development, with credit and non credit courses. I highly recommend for educators to look into graduate programs or non-credit courses that interest them, connect to their roles at school and provide opportunity to refine their teaching practice! I have availed to the funding to take both credit and non credit courses and am extremely grateful for this funding and the opportunities the NTA provides for personal PD."







PD FUNDS HIGHLIGHT

LEARN ABOUT EXPERIENCES NTA MEMBERS ARE HAVING THANKS TO THE PD FUNDS!

Clarel Jupiter

Sam Pudlat School, Kingait

Clarel is currently using Credit and Non-Credit Course PD funds to pursue a Masters of Education offered online by the University of Ottawa.

What Clarel had to say about their experience:

"Yes, it provides knowledge that can equip educators in every area of education including concepts, philosophy of education, policy, curriculum, student's needs, academic teaching and classroom management strategies, social emotional learning, classroom equality and inclusion, leadership, program curriculum evaluation and assessment, cultural awareness, etc. this program helps acquire a better understanding of the teaching job the students various needs and how they can be addressed, the important role of an educator and other actors in educating students."



Leslie Mablik

Tusarvik Elementary School, Naujaat

Leslie used Confrences, Symposiums and Institutes PD funds to attend the Inuktut Titiqirniq Program.

Inuktut Titiqqiriniq is a comprehensive Inuktut literacy program. It was created in Nunavut by educators, linguists, and language consultants with extensive testing and input from Nunavut educators. The program consists of instructional tools and resources. Inuktut Titiqqiqiliriniq is the Inuinnaqtun version of this program. The following one-pagers provide information on various components within the program.

What Leslie had to say about their experience:

"Yes I would recommend the program because it is helpful."



Elizabeth Ryan

Nakasuk School, Iqaluit

Elizabeth used Education Leave PD funds to take the Aqqusiurvik, Inuktut Instructor Diploma Program at Pirurvik.

What Elizabeth had to say about their experience:

"I would absolutely recommend Pirurvik, whether for educators that are learning Inuktitut, to educators that have been teaching for a long time. The program was the most enriching learning environment immersed in Inuktitut and our culture."



Rhonda McKenzie

Qarmartalik School, Resolute Bay

Rhonda used Conferences, Symposiums and Institutes PD Funds to attend the Teachers Institute on Canadian Parlimentary Democracy.

What Rhonda had to say about their experience:

"Whatever your scope of Canadian government, civics or parliamentary process, this immersive and intensive experience quantum leaps that knowledge exponentially to astounding heights, at least that's how it was for me. Sitting in the seats of the House, the Senate where bills are debated and voted on, where decisions that affect Canadians are made is a must have opportunity. Dialoging and dining with MPs, clerks, Speakers of the House and various parliamentarians, learning from any of the 70-80 teachers selected to participate from across Canada is mind expanding. They're genuinely interested and want to share protocol and process with us. Being surrounded by "Big Brains" who deliver their expertise and ask questions with humour was refreshing."







ANOTHER SUMMER OF RICH EXPERIENCE AND SHARED LEARNING WITH TEACHING TOGETHER



See what Claudine Bodson has to say about her summer participating in Teaching Together!



This summer, I spent two and a half weeks in Africa, more precisely in Cotonou, the economic capital of Benin. I did not go as a tourist, but as a volunteer teacher, accompanied by two other Canadian teachers, eager to collaborate with our Beninese counterparts and share our mutual expertise in education. With our Beninese co-instructors, course director, and the secretary-general of SNEP-Bénin, we three Canadians collaboratively planned professional development workshops and presented them to 100 educators working in public schools all over Benin. The workshops focused on the specific needs of the Beninese educators.



Here I am standing in front of the banner announcing the professional development program at Bourse du Travail.

Every year, between 50 and 60 qualified Canadian teachers are selected to volunteer with the Teaching Together program (formerly Project Overseas) in various countries, usually located in Africa and the Caribbean. The volunteers collaborate on teaching practices, contribute to advances in education, and help empower local organizations. Preparation starts in January or February. Throughout the winter and spring, selected teachers attend team meetings, team leader meetings and/or meetings for all volunteers with the Canadian Teachers' Federation (CTF/FCE), and meetings with the host-country's team (nearly all online). In July, they meet in person in Ottawa for the orientation, which lasts a few days, and then fly to their assigned country with their teammates. For the following two to three weeks, they live and work in the host country. Program commitments end by the end of October of the same year, after they submit their financial, team, and personal reports and meet online with their teammates and the CTF/FCE for feedback sessions.



Here are the Beninese educators in the middle of a math pedagogy session using games.

The summer of 2025 was my fifth experience with the program, my fourth time as a team leader, and my first time in Benin. Previously, I had volunteered in the Commonwealth of Dominica (2015) and Togo (2016, 2023, 2024). Benin had been part of the program for only three years, but things ran so smoothly, and the secretary-general of SNEP-Bénin, course director and co-instructors were so dedicated and cheerful, it seemed like it had been running for decades.

I will never forget the warm welcome, the heartfelt laughs, the engaging conversations, and wonderful exchange of knowledge. This was collaborative learning and exchange at its best. Sincere thanks to the Nunavut Teachers' Association (NTA), the Canadian Teachers' Association (CTF/FCE), the Government of Nunavut (GN), the Syndicat National des Enseignants des Écoles Maternelles du Bénin (SYNAEM-Bénin), and the Syndicat National de l'Enseignement Primaire Public du Bénin (SNEP-Bénin), without whom this inspiring journey would not have been possible. For me, it was an extremely valuable and fulfilling experience.



Honored to present a completion certificate to one of our distinguished participants.

Claudine Bodson, Ph.D. Learning Coach Netsilik School - Taloyoak





MEMBER SPOTLIGHT



RODNEY CORKUM U



Name: Rodney Corkum

School: Quqshuun Ilihakvik (Elementary)

Community: Gjoa Haven

Role/Classes you teach: Student Support Teacher

How long have you been teaching for?

About 35 years, in Toronto, Northwest Ontario (First Nations – Poplar Hill, Fort Severn, Cat Lake), Malaysia (Kuching, Sarawak), Nunavut (Qikiqtarjuaq, Iqaluit, Kugluktuk, Gjoa Haven).

What is your favourite thing to do when not teaching?

My wife, our dogs and I enjoy exploring the land around Gjoa Haven on our skidoo (winter/spring) or ATV (summer/fall). During the summer holiday, I love taking long trips on my motorcycle.

What is the highlight of your job?

Working with individual students or small groups of pupils to implement the therapist (OT/SLP/PT/Mental Health) recommendations. Helping students with special needs find academic and social success after being provided with accommodations.

What are you most excited for over the holiday break?

Spending time with my 93 year old mother and my 23-year-old daughter.

Where did you go to teachers college or do your B.Ed?

Honours Bachelor of Arts (History/Political Science) at York University in Toronto, Ontario. Bachelor of Education at Brock University in St. Catherines, Ontario. Masters degree at the University of Calgary in Alberta.

What is one piece of advice you have for other teachers?

Always focus on building a positive relationship with your students, and their parents.







MEMBER SPOTLIGHT



PATRICIA PITSEOLAK U



Name: Patricia Pitseolak

School: Levi Angmak Elementary School

Community: Arviat

Role/Classes you teach: Grade 4 Homeroom Teacher

How long have you been teaching for?

I have been teaching for 4 years now

What is your favourite thing to do when not teaching?

My favourite thing to do when I'm not teaching is currently sewing parkas - for myself, family members, sometimes for sale.

What is the highlight of your job?

Rewarding moments: when you notice as a teacher that your classroom community shows teamwork in various roles. Also watching students gain confidence not only academically but as children in general.

What are you most excited for over the holiday break?

I am most excited to spend some time with family and to travel outside of home for well deserved break!

Where did you go to teachers college or do your B.Ed?

I attended the NTEP program in my home community, Arviat. The first couple years was in partnership with the University of Regina, then eventually shifted to Memorial University of Newfoundland.

What is one piece of advice you have for other teachers?

Creating strong sense of routines in the classroom create predictability - and predictability leads to calm, focus, and smoother learning.







MEMBER SPOTLIGHT



CHRIS JOHNSON U



CAMBRIDGE BAY

Name: Christopher (Chris) Johnson

<u>School:</u> Kiilinik High School <u>Community:</u> Cambridge Bay

Role/Classes you teach: Grade 8/9

How long have you been teaching for?

I have been teaching for two years, all at Kiilinik High School.

What is your favourite thing to do when not teaching?

Working out with my students, going on the nuna with my girlfriend, and talking with family and friends.

What is the highlight of your job?

The highlight of my job is being able to talk and interact with all of our students. I also enjoy seeing our kids grow and achieve.

What are you most excited for over the holiday break?
Food and family.

Where did you go to teachers college or do your B.Ed?

Acadia University in Nova Scotia.

What is one piece of advice you have for other teachers?

Enjoy what you do, build positive relationships with the kids, and have fun with them as much as you can. Also, enjoy being here, be involved, go on the land. Nunavut has so much to offer if you just look for it.







HIGHLIGHTING ANOTHER NTA LOVE STORY



In this edition of Takulirit we highlight the NTA love story of Brittany Rosborough (Aqsarniit Ilinniarvik, Iqaluit) and Bence Csaba (Inuksuk High School, Iqaluit).

Brittany moved to Nunavut in 2016 and Bence in 2019 and met each other in Igaluit in the fall of 2021. The couple is now engaged after their spring break getaway in April of 2025. While taking a walk along the beach and admiring the view, Bence and Brittany began talking about their future together and their hopes of one day raising a family at the cottage. Knowing Brittany's love for cards, Bence handed her what she thought was an Easter card, until she opened it and read the words, "Will You Marry Me?" When Brittany looked up, Bence was already down on one knee. What happened next is a happy blur of excitement and surprise. The celebration continued back at the cottage, where both families were waiting to surprise the newly engaged couple, including Brittany's parents who had traveled from New Brunswick to be part of the special moment.

Congratulations Brittany and Bence!



Congratulations on your Engagement!



COMMUNITY SPOTLIGHT FROM THE PR COMMITTEE

Community Spotlight

QUICK FACTS ABOUT PANGNIRTUNG

Population: 1,577 (2024) Average Age: 27 Schools: 2

> Stores: 2 NTA Members: 37 Airports: 1 Banks: 2

Pangnirtung is located on Baffin Island, nestled between the ocean and mountains at the mouth of Pangnirtung Fjord. It lies within Auyuittuq National Park, known for adventure tourism and Inuit hunting and fishing traditions. The name Pangnirtung comes from the Inuktitut word for 'place of the bull caribou.' Wildlife includes, Arctic char, seals, polar bears, and many birds.

cultural Skills

























REMEMBRANCE DAY IN NUNAVUT SCHOOLS

Check out what schools across the Territory did for Remembrance Day this year.



Qarmartalik School, Resolute Bay



Aqsarniit Middle School, Iqaluit



Qarmartalik School, Resolute Bay



John Arnalukjuak High School, Arviat



Aqsarniit Middle School, Iqaluit



John Arnalukjuak High School, Arviat



Aqsarniit Middle School, Iqaluit





INTERNATIONAL INUIT DAY IN NUNAVUT SCHOOLS



John Arnalukjuak High School, Arviat



John Arnalukjuak High School, Arviat



Aqsarniit Middle School, Iqaluit





Aqsarniit Middle School, Iqaluit



Aqsarniit Middle School, Iqaluit



Aqsarniit Middle School, Iqaluit





NTA AWARD FOR TEACHING EXCELLENCE

Consider nominating a colleague today for the Nunavut Teachers'
Association Award for Teaching Excellence! Nomination packages can be
found at ntanu.ca or at the QR code

Submissions due by e-mail to pmacneil@ntanu.ca by February 15, 2026.

Nunavut Teachers' Association Award for Teaching Excellence 2024 Recipient:

Pictured below is Susie Hillier, Kitikmeot President, and Ruth Roberts, NTA Teaching Excellence Award Winner 2024!



Ruth Roberts of Kullik Ilihakvik, Cambridge Bay, is the recipient of the 2024 Award for Teaching Excellence. Honouring exemplary teaching, this award celebrates an inspirational member and their innovation and dedication. Throughout her 35 years at Kullik, Ruth is a constant example of excellence in education and has positively impacted students and colleagues.

Goals of the NTA Award for Teaching Excellence:

- To recognize outstanding Nunavut Teachers
- To honour creative, innovative, and effective teaching
- To distinguish exemplar service
- To focus public attention on the teaching profession
- To celebrate teaching excellence

Excellence in Teaching Award Categories:

- Program & Instruction
- Extra-Curricular Leadership
- Community Engagement
- Language & Culture
- Student Advocacy & Welfare

For more information including elegibility requirements, selection process and more, visit ntanu.ca or this QR code!







STARLING MINDS

Navigating Disrespect and Hostility: Skills to Process Harm, Rebuild Confidence, and Strengthen Mental Wellbeing, a webinar by Starling Minds.



In both our personal and professional lives, we might face moments of disrespect, hostility, or emotional harm. These experiences can leave us feeling drained, anxious, or unsure of how to respond. Over time, they can take a toll on our confidence and well-being.

Starling Minds has partnered with clinical experts to offer a safe, supportive space to explore these experiences, process their impact, and take steps towards healing and rebuilding resilience.

Whether you're navigating disrespect or hostility in the moment or reflecting on past experiences, this workshop offers actionable steps and practical advice to support your growth and resilience.



BYLAW AND POLICY CALL OUT

Determined by the Membership, the Bylaws & Policies of the NTA outline how the Association governs itself.

Resolutions can be submitted for consideration up until January 23. Resolutions will be reviewed by the Legislative Committee. Resolutions in good standing will be shared with the Membership at least 45 days before the Annual meeting of Central Council. During that period, Members are encouraged to engage with their Regional Executive. Regional Executives will debate and vote on resolutions at AMCC (March 28-29). Resolutions set, and demonstrate, the priorities of the Association. Review of current bylaw & policy is crucial as the Association strives to ensure policy is supportive and reflective of the Membership, aligns with current practice, and sets direction.

Email resolutions to pmacneil@ntanu.ca by Friday, January 23, 2026. Reach out with any questions.

To see the call out for resolutions on the NTA website visit the below QR code:



https://ntanu.ca/events/bylawpolicy-resolutions/ To see the current NTA by-laws and policies visit the below QR code:



https://ntanu.ca/wpcontent/uploads/2024/09/PB_Pand B_2024_sept11.pdf





MESSAGE FROM THE EDITOR



Dear: NTA Members,

I hope everyone has a fun and relaxing holiday break. Thank you to everyone who continues to support Takulirit. Whether you are a reader, contest participant, or a contributor, I really appreciate your support. I look forward to connecting with more of you in the New Year! Happy Holidays!

From: Samantha Lake, Takulirit Editor

If you want to talk about any ideas you may have for Takulirit, feel free to send me an e-mail at editor@ntanu.ca

